



# WELLFULLY

## Everyday Needs

Throughout the year, as youth enter and stay in WellFully's residential care programs, many of the things that are needed in their day-to-day lives fall outside of what our program funding can provide.

From the basics of clothing, bedding and health & beauty needs to the extras like art supplies or activities, we are asking for donations from this list that are used everyday, all year long.

### Sports & Fitness

**Basketballs, Footballs  
& Soccer Balls**

### Bedding & Bath

**Twin Sheet Sets  
Twin Blankets  
Weighted Blankets  
Bath Towels**

### Clothing

*\*All clothing are for:  
Youth ages 10-17  
Sizes Small to XXX-Large*

#### **T-shirts**

*Mens and Womens\**

#### **Sweatshirts**

*Mens and Womens\**

#### **Men's Sweatpants**

*Elastic waistband, no draw strings\**

#### **Mens Underwear**

*Elastic waistband, no draw strings\**

#### **Womens Underwear**

*Panties 5 to 9, sports bras 32-36*

#### **Pajama Sets**

*Elastic waistband, no draw strings\*  
Mens and Womens\**

#### **Coats**

*Mens and Womens, All seasons\*  
Mens and Womens\**

### Health & Beauty

#### **Bar Soap**

#### **Face Wash & Lotion**

*Mens and Womens*

#### **Shampoo & Conditioner**

*Mens and Womens*

#### **Hair Brushes/Combs**

### School & Office Supplies

#### **Pens**

#### **Printer paper**

#### **Legal Pads**

#### **Composition Books**

*no wire spiral binding*

#### **Paper pocket folders**

*Must be metal-free*

#### **White Binders (2"-3")**

#### **Sticky Notes**

#### **Scotch & Masking Tape**

### Just for Fun

#### **Puzzle Books**

*Word searches, Sudoku,  
Crosswords etc.*

**Therapeutic coloring  
& activity books  
Board and Card Games**

### Art Supplies

#### **Card Stock**

#### **Washable Markers**

#### **Construction Paper**

#### **Poster Board**

#### **9x12 Sketch Pads**

#### **Artist Paint Brushes**

*1/4 to 1in brushes, no fine brushes*

#### **Acrylic Paint**

*pint or quart bottles, basic colors*

#### **9x12 Canvas Panels**

*No stretched canvases with staples*

#### **Craft Project Kits**

**Donations may only be dropped  
off at WellFully Monday - Friday  
from 9am to 4pm  
(22 Waterloo Street, Rapid City)**

**Please note that WellFully is no longer  
accepting donations of used clothing.**



**For more information** about donating supplies to WellFully, please contact  
Yvonne Espinoza at (605) 718-4870 ext 316 or [yvonne.espinoza@wellfully](mailto:yvonne.espinoza@wellfully).

